

COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM December 14, 2018

CALL TO ORDER: Helen called meeting to order at 9:10

The following persons were present:, COA Director Patty Kayo, Secretary Helen Daly, Bill Brown, Brooks Corl, Carol LaFreniere, Bert Lannon, Lisette Walter, Chris McCaffrey

Motion to accept Secretary's Report as written made by Chris – second Bill

Treasurer's Report

- Not yet completed – Patty will put in member's mail boxes

HESSCO

- No Report

Outreach Report:

- Fuels Assistance applications busy
- Hard to formulate number of applicants as many take a great deal of time to complete
- Toiletry and misc items were donated – Carol will deliver to those in need.

Director's Report:

- Meals on Wheels parking signs have been installed “No Parking 9am to 2pm”
- Chris reported on Medfield Board Meeting held last month – they use cable TV to reach home-bound seniors, exercise classes, yoga, enhanced fitness – Patty will contact Madeline to see if we can start streaming some of these classes – she will also contact Emmet and ask if we can be put on their schedule for a visit. Perhaps we could contact the same man that did the Walpole “Feasibility Study to help Millis.
- We can NOT have RM 5 for our use as another committee will be using that room.
- We have received a grant for \$6K which we would like to put toward purchasing exercise equipment
- The Friends have received a donation from the Middlesex Bank for \$15K

Motion: Ask Patty to request from the Friends at the next meeting that the donation monies be used to purchase exercise equipment. Proposed by Chris, second by Bert – unanimously approved

- New van should arrive on Wednesday 12/19. Patty will buy a GPS system to be used in this van.
- A dedication will be planned for January with invitations going out in the local newspapers and in the COA newsletter. Jim McCaffrey will write a letter to local businesses to invite them to the dedication. A fruit platter, muffins or sandwich platter will be provided by the Friends.
- Chris will be weeding out the puzzles we have – we will donate extra to the VA – Bert will deliver.
- A move and update of the COA rooms will take place over February vacation. Committee will consist of Bert, Liz, Chris, Bob Daly – Patty will contact the High School to ask if some students will help.

Chairman's Report: -

- No Report

Old Business

- Tasty Tuesdays – clear #1 choice is pizza – attendance is steady – we will request Friends to continue on through January
- Gazebo Committee – Liz has volunteered – we are seeking additional members to that committee.
- Lighting has been discussed with Mike – we are also asking that a motion detector system be installed.

- Button Battery (old hearing aid batteries) collection will be managed by Pam Gallo – we could receive up to \$1K dependent on number we receive.

New Business:

- Valentine's Day breakfast to be held @9:30 on 2/14. The quiche committee (Chris, Brooks and Helen) will make quiche. Brooks will supply all gluten free and they will prepare on Wed. 2/13 – Chris will check with Kathy regarding the kitchen availability.
- Millis Public Forum November meeting was brought up.

Motion: After discussion the Board has decided not to respond to comments made.

Motion made by Bert, second Chris, unanimously approved.

- 12/21 Christmas Luncheon sponsored by the Millis Police Dept to be held at Primavera Restaurant at 11:30. Police limit for attendance is 100 – we currently have 123 signed up. The Friends have already agreed to pay for an additional 10 and will vote at their next meeting to cover more. A discussion regarding out of town volunteers being able to attend. It was noted that this luncheon is only for Millis residents and that the Volunteer Luncheon will include all others as well in the Spring.
- Bill reported that NAMASTE shop has volunteered day-old goods to the Senior Center. Bill will pick up and deliver.

Meeting adjourned at 10:30am

**Next COA Board Meeting: January 11, 2019
9:00 AM– VMB Room 19**