

COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM June 14, 2019

CALL TO ORDER: Maria called meeting to order at 9:06

The following persons were present:, COA Director Patty Kayo, Secretary Helen Daly, Bill Brown, Brooks Corl, Lisette Walter, Bert Lannon, Maria Neville, Becky Poynot, Members of the Movin Groovin Fitness Friends and others were invited to attend a discussion of the new Fitness Room

Secretary's Report

Motion to accept as written made by Bert second Bill

Treasurer's Report

- 6K in salaries plus 2K from Supportive Day Revolving fund – will be transferred back to the general fund
- All other line items will be 0'd out

HESSCO

- Transitions discussions held to transfer people back into a home situation from a nursing home. Maria feels the new administrator is doing a good job
- Paid medical and family leave due to start 7/1/2019 up to 26 weeks coverage
- Fund raiser on line which HESSCO won last year – funds go to fund emergency and Holiday meals

Outreach Report:

- Becky Poynot's first day was 5/20
- She will get a tour of HESSCO next week
- She is going with Meals-on-wheels drivers in order to meet senior shut-ins.
- She has a Facebook page up and running – she will be monitoring responses – function is to show our platform not meant to be a public forum
- She has attended training on suicide assessment with the MCOA

Director's Report:

- Officers are typically voted in in April – the following nominations were made:
Bert Lannon as chair
Chris McCaffery as vice-chair
Helen Daly as Secretary
- All above voted in unanimously by the attending board
- Al Holmes will be turning 90 on 7/13 there will be a birthday party at the Medway VFW from 11am – 5pm
- Notice given that Honey Whitney passed away
- Maria asks if monies from the Formula Grant go to extra hours of staff? Patty is using the 2019 and 2020 Formula grant to up her hours back to 35.5 per week – Mike has assured her that 2021 budget will cover the additional 8.5 hours.

Chairman's Report: -

- Patty extended "Thanks" to Maria for her 6 years of service on the Board. Maria will remain a member of the Board and will continue as HESSCO representative

Old Business

- COA entry color has been chosen – estimates rec'd Patty will bring to next Friend's meeting for approval
- Tasty Tuesdays – unanimous approval to continue through 2020 – Patty will bring to Friends for funding approval..

New Business:

- Parking lot puddle is going to be fixed – area will be closed for 1 week – Patty will advise when she gets a definite date.
- Middlesex Bank has been invited to attend the dedication of the new exercise room on 6/28 at 11 am- cable will stream the event. Judy O'Gara has also been invited for the ribbon cutting. A healthful brunch will be offered (vegi dip, fruit bowl, coffee and tea)
- Summer events:
 1. Photography class will be offered by Steve McGrath – the cost to the COA will be \$70.00 which Patty will ask the Friends to cover
 2. The new nutrition counselor, Stephanie from HESSCO will offer free counselling classes on the second Thursday of the month.
 3. Ice Cream Social will be offered at 12pm on Fridays – Patty will request funding from the Friends
 4. Patty will contact Ruth Harcovitz regarding a performance after Labor Day
 5. A Fall Ball Dance will be scheduled for a date in the fall – date to be decided
- The Fitness Room discussion. As Enhance Fitness sponsored by the YMCA charges \$100.00 for 16 week sessions – Patty proposes that a charge of \$100.00 per year be charged for the use of the Fitness Equipment. The equipment must be maintained 2 times per year at a cost of \$520.00 for maintenance.
- Dedication will be on 6/28 and opening will be on July 1st.
- A Swipe Proximity card will be issued to each with information being transmitted to Patty's office. At non busy times the room usage will be opened to Town Employees – the same fee will be assessed.
- File of Life, Medical clearance form and instruction of equipment usage will be handed out to members of the Fitness Group who attended this meeting – the discussion focused on:
 1. Millis Seniors should NOT have to pay for room usage proposed by Mary Skilling
 2. Nancy claims she has contacted other centers (Dedham, Dover, Hopkinton, Norwood, Natick, Medway) and no one charges
 3. Concern about a locked room – what if someone using the equipment falls or has a medical concern?
 4. Security camera was suggested.
- When the Fitness Group was excused the Board discussed breaking the fee into (2) \$50.00 payments every 6 months and anyone receiving LIHEAP or fuel assistance would be allowed to go free. Patty sights a bookkeeping problem – Helen and Bert offered to help with that.

Meeting adjourned at 10:55 AM

**Next COA Board Meeting: August 9, 2019
9:00 AM– VMB Room 19**