

**COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM August 9, 2019**

CALL TO ORDER: Bert called meeting to order at 9:06

The following persons were present:, COA Director Patty Kayo, Secretary Helen Daly, Bill Brown, Brooks Corl, Lisette Walter, Bert Lannon, Becky Poynot, Chris McCaffrey, Pam Gallo

Secretary's Report

Motion to accept with one minor mistake - made by Bert second Bill

Treasurer's Report

- Patty is in the process of switching the books from 2019 to 2020 – Patty asks Bert to help her with the transition on EXCEL

HESSCO

- None

Outreach Report:

- Becky's report shows 110 duplicate requests and 52 unduplicated
- She proposes TOPS (Take Pounds Off Sensibly) program which will cost the COA \$96.00 and \$49.00 for each participant for a quick start tool cost booklet – she will check to see if Medicare covers. She will be the leader and must have enrollment of a minimum of 4 people to run the program – this is a one year program. Chris offered to bring it up at the next Pre-diab meeting. This is NOT connected to a YMCA program and will consist of a 1 hour class with weigh in on a weekly basis – perhaps a Wednesday afternoon? Becky will forward additional information and will post a sign-up sheet.
- Charlie Card will be available for sign up T-Pass in September
- Meghan Keylope – Mary Kay representative contacted Becky about offering a free beauty day on either 9/11 or 9/13 – Becky will advise further information.
- Suggesting an October bake-off with a pumpkin dessert, bobbing for apples? Costume party? On perhaps 10/31 – Chris suggested Gina Tarrara might want to do some face painting – Patty will contact her.

Director's Report:

- Received a grant from the Dept of Transportation with the Friends chipping in to purchase a new computer for the reception desk.
- Patty is having a problem with software reader for the new fitness room, not showing date & time. Currently 24 people have signed up with fees going to the Friends. Patty is holding the check for Safety Signal until the problem is solved.
- Linda Stetson will be the new dispatcher starting 8/5.

Chairman's Report: -

- Open meeting Law and Conflict of Interest was attended by both Bert and Chris – discussion of official board meetings discussion via e-mail – can not happen. No communications or conversations should be allowed. Patty can send out an e-mail to board members on Millis.net

Old Business

- Parking lot puddle not yet fixed – we are still waiting for a date – must be done before the winter. Mike will advise Patty when the work will be done.

- Helen requested that a time slot be set for JimMcKay to address the seniors – possibly 9/26? – Patty will contact Jim and advise.

New Business

- Senior Prom proposed – Chris suggested the new Clyde Brown school with music by Mike Tarrara as DJ – we should contact local businesses for food offerings , ask Paul's Flowers for corsages for the ladies and flowers for the men – could we possibly get a 1 day wine and beer permit? Helen will ask Ruth Harcovitz if she would like to participate for 1 hour? Suggested that it run 6-9pm- ask the high school students if they would like to chaperone the part as well as decorate and help clean up. Suggested the weekend after the High School Prom – Patty will check on availability of the gym.
- Brooks raises the reading program at the Clyde Brown school – Helen offered to ask Janice Simpson if she had a contact that could give us some additional information (how many students and when this program is scheduled??)
- Public Safety Informational cook out is planned on Sept 26th at the Town Hall – Meet the new Sheriff – Police, Fire dept and the Selectboard will attend
- The YMCA will continue the popular Enhance Fitness and Pre-diab programs for another year. Enhance Fitness will begin on 9/16 with a cost of \$110 per person – should be covered by Medicare??
- Bert will talk to Debbie Varga about additional local trips to be sponsored by our local COA – Patty will invite Debbie to attend the next meeting. Transportation and events to be discussed.
- Becky reports that she has 55 people signed into the Millis Council on Aging facebook page.

Meeting adjourned at 10:00 AM

**Next COA Board Meeting: September 20, 2019
9:00 AM– VMB Room 19**