

**COUNCIL ON AGING BOARD**  
**REGULAR SESSION MEETING MINUTES**  
**Veteran's Memorial Building, Rm 19**  
**2900 Main Street, Millis, MA 02054**  
**MEETING NOTES FROM September 20, 2019**

CALL TO ORDER: Bert called meeting to order at 9:05

The following persons were present:, COA Director Patty Kayo, Secretary Helen Daly, Bill Brown, Brooks Corl, Lisette Walter, Bert Lannon, Becky Poynot, Chris McCaffrey, Brooks Corl

Secretary's Report

Motion to accept - made by Bert second Bill

Treasurer's Report

- All figures are OK at this time

HESSCO

- Maria met last week at HESSCO – reviewing the Union vote, nurses will be separated from other workers with vote due on 9/20 – major issue is pay
- Approved by the State (ASAP) Adult Service Access Point) big issue is protective services – set up a central site to receive all calls
- Norwood Hospital now has Alzheimer's Education Programs scheduled
- Maria's term expires May 2020 – she will probably not continue

Outreach Report:

- Becky met with nearby areas on 9/11 to discuss different issues
- Charlie Card event schedule on 9/25 1-2:30 pm -currently has 20 people signed up. Helen, Bert and Lis will assist – this will give seniors 50% discount for travel
- Becky has a smart 37" TV she would like to donate to the Sr. Center. Patty will look at mounting and ask Paul to mount it by the front desk
- Mary Kay had no attendees – however Meghan has agreed to come back during the Holidays with a make up and jewelry presentation- a craft fair was suggested for the first week in December with an open invitation to the public via newspaper and cable – Meghan also offered to have the Charles River Children's Choir sing at the function
- TOPS weight loss program had a presentation in Franklin and Becky found it to be boring and not structured – she does not recommend it to the Sr., Center
- Fuel Assistance sign-ups are due to start
- Becky shows 42 walks ins 8in the past month

Director's Report:

- Chris and Liz must renew their term with the Town Clerk for 3 years
- Temp help (Maureen Canesi) will help with admin duties 12 hours per week
- Town is putting up a new web site – looking for feedback
- Received 35K from the State for the Feasibility study for Sr. Center – currently in the hands of the planning board who will put it out RFQ (request for qualification) for bid
- Submitted Para Transit reimbursement

Chairman's Report: -

- Reported on local trips made to Castle Island, Boston Public Library and Hammond Castle –

#### Old Business

- Patty has been in contact with Clyde Brown regarding a Senior Prom – they are on board and suggest using the cafeteria? Board agrees to keep it open only for seniors – Patty will contact. – suggested date is the week after the school senior prom
- It was suggested that Patty ask Ruth Harkovitz to present a Patriot's Day concert
- Pre-Diabetes program has begun its second year with meetings scheduled once per month. There will be an informational group to meet on 10/9 at 11:30
- Enhanced Fitness will also continue to be held in the gym
- A Fall Event, a Halloween Party will be offered on 10/30 – will offer free hot dogs and beans
- Corn Hole games will be offered during the fall – dates to be announced
- Thanksgiving luncheon will also be offered – details to be discussed at the next meeting

#### New Business

- Local trip update, Bert drives the van which holds 9 passengers – suggested charge of \$10.00 per trip with pre trip sign up and payment which Patty can handle through the Transportation Revolving Account
- Patty will be in touch with the Clyde Brown School regarding the Reading Program – will report at the next meeting.
- Chris raises the Library Program – The Memory Café to be held this fall – Patty will be working with Kim on this.

Meeting adjourned at 10:15 AM

**Next COA Board Meeting: October 11, 2019  
9:00 AM– VMB Room 19**