

**COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM October 11, 2019**

CALL TO ORDER: Bert called meeting to order at 9:05

The following persons were present:, COA Director Patty Kayo, Secretary Helen Daly, Bill Brown, Lisette Walter, Bert Lannon, Becky Poynot, Chris McCaffrey, Brooks Corl, Kathy Topazio

Secretary's Report

Motion to accept - made by Bert second Bill

Treasurer's Report

- Formula Grant running at a deficit of \$17,508.00 – will not be received until March
- Chris asks where the monies from the fitness classes go? – to the Friends

HESSCO

- No Report

Outreach Report:

- Charlie Card had 38 people to sign up, will take approx. 4 weeks for the cards to be received – Becky will offer again in the Spring
- A class on “Real ID” will be offered
- Becky attended a MA Council on Ageing Conference which covered bullying, spirituality, TiChi – Ti Chi DVD will be shown here at the Senior Center – tests show that it helps to fight off dementia
- HESSCO refers to Elder Law Attorney for our residents
- Becky has been in touch with Meghan regarding the Holiday Market – will advise date and time

Director's Report:

- 18 people completed the 2019 Tax Work Off Program – new applications will be available on 10/21 for the year 2020
- Chris has a friend who would like a slot to volunteer for income eligible seniors – currently only 1 slot open which Chris fills – can we have a second slot authorized to help a needy senior? – Patty will request the need for an additional person. Veterans have 5 slots open in addition to COA 20 slots.
- St. Patty's Day – per Helen's suggestion - Ruth Harcovitz will apply for cultural grant to hold a performance on 3/18 at 11am with food to be served at Noon
- Patty talked to Jim McKay regarding the offer of smaller trash bags to be offered to the seniors at a lesser cost for the Transfer Station. Per agreement with Jim, Patty will put notice in the next newsletter

Chairman's Report: -

- Reported A good Charlie Card turn out as well as the Sheriff's picnic with the drug dog
- Do Senior Centers provide Tax return assistance? Millis does not – our seniors can go to Medway, Medfield or Norfolk. Patty will put information in the February newsletter

Old Business

- Sr. Prom will be held on 5/29 in the cafeteria of the new Clyde Brown School. Chris will contact Mike Terrara and will search for a photographer
- Local Trips – Franklin lunch was cancelled, restaurant was not open. People are complaining about the \$4.00 fee and the van – noisy and uncomfortable. It was noted that the trips from Foxboro to Everett gaming center costs \$7.00 per trip

- Chicky Flynn's in Foxboro was suggested as a luncheon destination.

New Business

- Sr Reading Program at the Clyde Brown – Helen will re-send Janice Simpson's e-mail to Patty with contact name for this service. Patty is in touch with Cathy Bernier-Garzon regarding the program
- Memory Café will start in January- Patty is working with Kim from the Library
- Chris and Becky discussed a new newsletter format – Chris is willing to type a mock up sheet for review. We cannot have advertisers as part of our newsletter. Printing currently costs \$263.00 – no color. 1550 newsletters are currently being printed – if out of Town recipients do not pay their yearly dues their names will be removed from the mailing list to cut down on printing costs. It was noted that 80% of Millis residents do NOT pay yearly dues. Publisher is the current program being used – new computer system is using Apache Open Office at the Town Hall
- Can Sr. Center show movies? – Yes we have a license renewed every year to show movies.
- Halloween will be offered 10/30 – raffle prizes, free hot dogs and beans. Kathy Topazio offered to help Becky with this program, suggested prizes will be gift cards to local businesses, scratch tickets.
- Chris reports on the Pre-diabetes class.
- Brian Riley, Chris and Mary Skilling discussed the charge to use the Fitness room – currently 31 people enrolled. Would Friends cover the cost? It was noted that the Recumbent bike had broken 3 times – is still under warranty – Patty will follow up with the supplier.
- Enhance Fitness class cost is \$110.00 for 16 weeks. Fee for use of the fitness room will be revisited next year.
- Bill reported that Norwood has changed their Bingo day to Thursdays (same as Millis) and is offering more prize money. Suggested that we wait until next month to judge the impact on our program.

Meeting adjourned at 10:32 AM

**Next COA Board Meeting: November 8, 2019
9:00 AM– VMB Room 19**