

COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM August 12, 2021 – Meeting

CALL TO ORDER: Bert called meeting to order at 9:04

The following persons were present:, COA Director Patty , Helen Daly, Brooks Corl, Chris McCaffrey, Bert Lannon, Elizabeth Derwin, Bill Brown, Lisette Walter

Secretary's Report

Motion to accept unanimous

Treasurer's Report

None at this time

HESSCO Report

- No permanent replacement for this position as yet. Patty meeting with HESSCO 2 times per month

Bert requested time as he is leaving at 9:30 for a 10AM training session:

- Discussion of the Senior Center Work Group scheduled to meet 8/13 at 9am -
- Includes Diane Jurmain of the PBC, Library reps, Recreation reps, Selectperson member, Patty Kayo and Helen Daly of the COA and Jim McCaffrey
- Focus will be on what type of building will best benefit the Town and its residents.
- Questions the COA would like answered:
- what will be the right sq. footage of the building that will accommodate the senior population as we look to the future town senior growth population?
- Do we want a Senior only Center or a Community Center?
- Add on to the VMB or a new building on the Cassidy Farm?
- What kind of space would the Town/Rec Dept want in a Community Center?
- Would the Senior Center be able to lock off their spaces?
- Are we as a Town fully utilizing the Library space?
- Big question for VMB is parking and renovating a building over 100 years old – what problems will we possibly run into in that renovation?

Outreach Report:

- Debbie Sand has been hired as new Outreach Director working Mon, Tues, Wed for a total of 20 hours/week
- 72 unduplicated and 159 duplicated issues handled as well as 3 evictions and mental health issues. RAFT and ERMA applications will afford assistance to both renters and landlords as we move forward.
- Fuel Assistance apps will begin again in September
- Point must be made that we administer assistance not only to the Senior population

Director's Report:

- Sandy Moore has been hired to fill the Department Assistant position. She is scheduled to interview with the Select Board this week. She will work 18 hours/week starting the end of August and will work Wed, Thurs and Friday

Chairman's Report

- No Chairmen's report

Old Business

- Handicapped plates have been installed on all COA vehicles
- Programming Ideas:
 - Patty met with the Friends Board in July – Brian Riley would like to sponsor more programs for Center such as:
 - Ti-Chi instructor will be offering 2-3 classes in Sept. - monitor the attendance
 - YMCA Enhanced Fitness classes will begin again in September @a cost of \$125.00
 - Line dancing will be held on Tues and Thurs mornings at 10:15
 - Re-name Yoga classes will now be called “Stretch and Flo” and will moved to 9:30 Friday mornings
 - Question if evening ballroom dance classes will be welcomed by younger seniors?
 - Magician, musical events, Geological wonders of the World will be presented by Sue Steele, slide shows with the McCoys, tea parties, historical lectures and Town history lectures would perhaps draw new residents of the Glen, have breakfast out 1/per month at local restaurant, tech training by Bob Bryant on a 1on 1 basis on I-Pads, NANAK'S KITCHEN will be offering organic and vegetarian foods at the Ashram every Wednesday.

New Business

- Helen discussed SALMON HEALTH & RETIREMENT FACILITY in Medway. The Director offered use of their facilities to the Millis COA to help us support our Sr. population. Discussion ensued with Patty not wanting to draw them in to advertise their facility – it was mentioned that it may be nice to offer our seniors a special event/lunch or dinner in one of their dining rooms? Debbie will look into this and get some information from them to add to our pamphlet board to offer information to the Town.
- Trip Coordinator has been assigned, Donna Fuller will be hosting our first trip on Dec. 6th for a day trip to the Newport Mansions provided by Fox Tours. The cost is \$99.00 and will depart Millis at 8:30AM
- We will host a Book Drive, ask the Library if they would have some to donate – reach out to our seniors for mystery, self-help, current affairs, historical fiction and magazines
- Newsletter mailing needs more volunteers, Bill asked if we could put a plea in the next newsletter

Meeting adjourned at 10:15 AM

**Next COA Board Meeting: THURSDAY September 9, 2021
9:00 AM– in RM 19 until further notice**