

**COUNCIL ON AGING BOARD**  
**REGULAR SESSION MEETING MINUTES**  
**Veteran's Memorial Building, Rm 19**  
**2900 Main Street, Millis, MA 02054**  
**MEETING NOTES FROM February 10 2022 – Meeting**

CALL TO ORDER: Bert called meeting to order at 9:00 AM

The following persons were present:, COA Director Patty Kayo, Helen Daly, Brooks Corl, Chris McCaffrey, Bert Lannon, Elizabeth Derwin, Lisette Walter, Bill Brown, Deb Sands

Secretary's Report

Change Sr. Housing dates at Millis Food Pantry to 2X/month

Change cannabis presentation to 2/28/22

Otherwise Accepted as written

Treasurer's Report

- Formula Grant should be available within the next week. We are currently running at a 15K deficit
- MCOA dues are paid 1X/year in July

HESSCO Report

- Focused on 2021 figures – numbers are down due mostly to shortage of staff although HESSCO is offering sign on bonuses
- They are exploring Grief Counseling person to work with COA
- Millis is looking at Town wide social worker to work with Police, Fire depts, schools and Board of Health & COA

Outreach Report:

- HESSCO offering Meals on Wheels, Med alerts system and laundry help are the only things available from them at this time
- Friends Indeed have offered to help seniors with trash take out as well as transportation to cancer radiation treatments – refer to their Facebook page
- 135 unduplicated and 425 duplicated in January as compared to 94 unduplicated and 227 duplicate January 2021
- Busy helping with Fuel assistance, food stamps and computer help
- Discussion about changing the name from Senior Center to Adult Center to make it more inclusive of younger seniors -put an article on Millis Social Service – this publicity is important to our goal for a new Center. Chris will check with Jim to see how to accomplish this

Director's Report:

- Looking at new flooring for Rm 18 and new freezer – has samples on flooring and working with a contractor on purchase of best freezer for our use
- Program on Proactive planning had 10-12 people attendance
- Elder Dental had 8 attendees – information is available on the COA website
- Chris suggested that she would put out a flyer and article in the Glen newsletter regarding the offerings of the Sr Center as the Glen residents want to be involved. Patty will work with the news person at the Glen to make sure our info is included in their future newsletters.
- Our newsletters are sent out every month except once for Jan& Feb and once for July & August
- Bert and Patty are working on the budget for next year and should be completed at the end of next week – no increase expected from last year but we will ask for a Program/Volunteer Coordinator position.

- Rochelle Bunt started this week as the new transportation coordinator
- Bert inquired as to an update on Food Pantry offering to the Sr. Housing?? - None as yet
- We still do not have the handicapped plate for the new van
- Thank you to Richard Posklensky driver who got OK to put our vehicles in the Highway Dept garage during the snow storm
- Elizabeth mentioned notes of the PBC from both 11/30 and 12/21.
- Concern that the PBC is having meetings regarding the Sr. Center without the COA Board involvement
- Patty announced that the PBC is having another meeting on 2/18 and 9am via Zoom – working groups only? Diane Jurmain sets up the workshop meetings – the COA Board as well as Jim McCaffrey feel that the Board or a representative of the Board as well as Patty should be included in these meetings. No feedback as yet received by the Board regarding the PBC 12/21 meeting. Question is why hasn't our Board representative, Helen Daly been included in these meetings and why not the meeting set for 2/18?

#### Chairman's Report

- Part of above discussion

#### Old Business

- Medical Cannabis Presentation will be held on 2/28 – will advise how to get a medical Marijuana Certificate

#### New Business

- Susan Steele will be doing additional presentations – purchased “The Great Courses” funded by the Friends – dates to be announced
- TRIAD meetings with the Police, Fire and COA – will get 4 seniors involved in a SALT (Seniors and Law Enforcement together) to meet every month to discuss crime, scams and they will make presentations for seniors. Dates will be announced when the 4 people are named.
- St. Patty's Day entertainment will present “It's a Great Day to be Irish” on 2/17. Lunch will be at 11:30 with entertainment after. Patty will do all the cooking but needs people to serve. Bert, Elizabeth volunteered and hoping to have the Fire and Police to help
- Valentine's Day Flowers – Sparhawk Academy donating flowers to the Sr. Center to be distributed to the Seniors.
- Fire Dept Pizza will be held on 3/21 – sign ups required
- Men's Club in the works – only current activity is cards. Hoping to offer a Red Sox Game on 4/6, corn hole, book club, cooking classes. All to be announced.

**Meeting adjourned at 10:17 AM**  
**Next COA Board Meeting: Thursday March 10**  
**9:00 AM– via Zoom until further notice**