

COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM May 12 2022 – Meeting

CALL TO ORDER: Bert called meeting to order at 9:01AM

The following persons were present:, COA Director Patty Kayo, Helen Daly, Brooks Corl, Chris McCaffrey
Bert Lannon, Lisette Walter, Bill Brown, Meredith St Sauveur, Elizabeth Derwin

Treasurer's Report

- We are where we should be at this point. Formula Grant in process of being spent down – covers anything that benefits the seniors, wages, trifold printing, etc) We are allowed to roll-over if needed

Secretary's Report

Accepted with 2 corrections –

HESSCO Report

- Presented by Elizabeth
- “Honoring Choices” The planning that each individual needs to do for health care decisions – refer to website “honoringchoicesmass.com” will cover

Healthcare Proxy

Living Will

Durable Power of Attorney

Comfort/Care/DNR

Medical Orders for Life Sustaining treatments'

A HESSCO rep is available to COA to discuss the above issues

- HESSCO is financially sound at this time – very short on workers. Data shows that people that start as health care workers last about one year due to low salaries
- Millis residents received 35K in services through HESSCO – 66% to health care

Outreach Report presented by Patty

- We have seen 134 residents for 349 times this month
- Question was raised – how many over 60? Patty will run a report showing how many non-seniors are also helped through our outreach worker and ask Debbie to relate what issues are covered with younger population?
- Town Outreach worker question was raised? This would be someone who work primarily with the Police and Fire Depts to help in mental health and crisis situations

Director's Report:

- Patty is looking to start a “Boxing group” with the help of Encompass Gym. They will bring equipment and give classes here in RM 18 to judge what the interest might be – she will check with the Friends for their support.
- Fitness class will be winding down the end of June (app 22 people attend this popular class) Patty will check with Barbara Chotkowski to see if she would be willing to offer classes thru the summer
- Attorney Jennifer Deland from Holliston will be giving a class on “Power of Trust” on June 6th – sign up requested
- Podiatry date changes but still on Wednesdays. Beth Murphy available on 2nd Thursday preregistration required for both
- Antiques Roadshow will be here on 7/20 at 1-3pm – sign up required – will be broadcast on cable

Chairmen's Report

- Noted that he had interesting responses at the election regarding the question of a new Senior Center
- Noted that Rep Linsky's name was omitted from last newsletter – corrected by Patty and he will be invited to the Volunteer Luncheon

Old Business

- 5/20 – Volunteer Luncheon
- First Forum will be held today 5/12 at the COA
- Meredith will speak to the Town Clerk to see if we can use the “white Boards” in different locations through the Town to give the dates and times
- Chris requested an Agenda for today's meetings Discussion about talking to Holliston regarding the possibility of them sharing the Cassidy Farm location should our initial proposal fail with the Town voters
- HESSCO form needs to be filled out – we had no one step forward to take it on. Elizabeth volunteered to continue in this position – Thank you Elizabeth!!

New Business

- Volunteer luncheon will be held at Sky Buffet , Milford on 5/20
- Question as to what the COA feels is the right option for the Sr. Center – unanimous vote for Cassidy Farm option #2 (with gym)
- Bill asked about a Memorial Service like we have had in the past to honor all of our residents who have passed over the last 2 years. Decided to try for Sept 16th at 10am if this is OK with the Church of Christ. Brooks will bring it up at their meeting today and advise the COA Board.
- Fr. Chamberlain passed away recently – his service will be held on Wed. 5/18 at 10am at the Catholic Church in Millis.

Meeting adjourned at 10:08 AM
Next COA Board Meeting: Thursday June, 9, 2022
9:00 AM– Room 19